FROM THE PRINCIPAL

The 2015 academic year is now well under control and it is very pleasing to see the students settling down and displaying such excellent work habits across the College. Parents are reminded that College assessment tasks are placed on Heathmont College’s Compass site. You are encouraged to log in and view the work that has been set for your child.

VCE students have been thoroughly briefed by the Senior School as to the rigorous expectations of them in terms of their program and the demands of the studies that they have selected.

The Year 7 students have made a terrific start to the year. We have been very impressed with the manner in which they have adapted to secondary school and life at Heathmont College. I often walk around the College at recess and lunch and have been pleased to see how well they have fitted into our school.

College staff have also been involved in extensive professional development including in-depth analysis of student achievement. This diagnostic work enables teachers to provide students with a curriculum which both covers the requirements of the Australian Curriculum and the individual needs of students at the College. Heathmont College operates on a continuous improvement model and we are always looking for ways to extend both staff and students.

New staff at Heathmont College

I would like to welcome the following new staff to Heathmont College.

English VCAL – Mr. Andrew Moller
Library – Mrs. Sudar Srihdar

Tours

I have already begun conducting tours of prospective parents for enrolment of their children in 2016. Anyone who is interested in attending a tour may book in via the College website or by calling the office on 9871-4888.

Tour Dates and Times

Wednesdays 9.15 -10am
Saturday March 21st 9.30am – 11.30am (RSVP by Wednesday March 18th)

Johanna Walker
College Principal
It was a fairly bleak and overcast morning that greeted the students as they arrived at the gym. However, the weather did not dampen their spirits as many looked excited to be heading off to the great unknown at Phillip Island. By the time we reached the Adventure Resort the weather had cleared, cabin rooms were found and it was with great haste the first group of surfers headed down to Smiths Beach. The remaining students broke into activity groups and took part in the twin flying fox, giant swing, archery, initiative course and an expedition to Cowes for a little shopping.

After a very civilised evening meal the Year 7s were greeted in the Sport & Rec Centre by the school Captains, Leaders, Buddies and the ever effervescent Mrs Birchall for the traditional “Island Sports Night”. Any student who has attended Mrs Birchall’s sports evenings on camp will know how much fun they are and this night was no exception. There was laughter, sweat and cheers as teams competed against each other in a myriad of fiercely competitive tabloid sports. Not one camper had any energy left by the end, with the camp site completely asleep by a very decent time – much to the teaching staff’s delight.

The second day, the sun was shining and another full day of activities ahead. It was tremendous to see all students participating in all the activities and if some students didn’t want to ride the giant swing, they helped out by pulling up other students. Even those students who weren’t keen to surf walked down to the beach and encouraged from the shore.

The final activity before dinner was a surprise slip and slide which the camp very generously set up for us. There were a couple of Year 7s who nearly slipped and slid into the lake down below but, it was the leaders and staff members who came the closest to ‘landing in the drink’. That evening was the Beach Party, again run by the leaders and another fun night was had doing the limbo, the Macarena and even a fashion parade of the best dressed. Weary campers headed to bed and another long and peaceful night’s sleep was had by all. The final day was another flurry of activity followed by lunch and camp awards presented by Mrs Birchall before we got on the bus. Tired but elated students departed with their parents and each had a story to tell about the time they stood up on the surfboard or had the courage to go all the way to the top of the 18 metre giant swing. Some students just wanted to talk about all the new people they had met and the friendships they had made. It really was that sort of camp where students were happy, smiling and enjoying each other’s company. It was a pleasure for me to attend and meet the ninety Year 7 students.

“I was sort of nervous and excited about coming on camp, then when I got on the bus I was calm and cool.” Amanda

“I felt pretty good about going to camp. The people are really friendly and helpful. I’m really glad that I got my friends in my cabin. The surfing was AWESOME! The Island Sports was fun. I love the camp so far!” Lucy

“I was worried about not knowing anyone, but I also felt happy because it was something new and I had never done it before.” Callum

“I made a whole lot of new friends. My first activity was surfing. I liked learning at first on the sand and hopping in the water and actually...”
I would like to thank Ellen Holland, Transitions Co-ordinator, for organising and running such a successful camp. Thanks also to all the staff who attended: Alison Richards, Adam Mack, Daniel Kwong, Agi Birchall, Trent Pitts, Dean Hewitt, Rita Chiodo, Lin Dennis, Kerry Maid and Sam the student teacher. Also a very big thank you to our School Captains, Student Leaders and Year 8 Buddies who were a great support to the Year 7 students and ran the very successful evenings. The camp really wouldn’t be the same without them.

Finally, I am looking forward to reflecting on camp again on Thursday 26th February at the Camp Celebration Evening (see Compass for details). The Year 7 students will be giving their perspective of camp, we will look at photos and Mrs Birchall will be presenting the 2015 Camper of the Year Awards. It was a terrific camp and it has really set the scene for what I think will be a super year ahead for the Year 7 students.

Mrs Jo Sayer
Year 7 Co-ordinator

“I felt excited about coming to camp. I also felt like I was going to miss my family, but now that I am here I feel good. Being at camp makes me a lot less sad because I am with my friends.”

Megan

“I was happy. I was excited because I wanted to make friends, find out about the activities and stay up late because we don’t have to go to bed until 10.15.”

Ryan

“I felt excited about coming to camp. I also felt like I was going to miss my family, but now that I am here I feel good. Being at camp makes me a lot less sad because I am with my friends.”

Megan

“I was happy. I was excited because I wanted to make friends, find out about the activities and stay up late because we don’t have to go to bed until 10.15.”

Ryan

“Coming on camp I felt happy. I was happy because camp was an opportunity to make new friends. The food is really good. Today I enjoyed surfing, even though wetsuits are really uncomfortable.”

Vanessa

“I had surfing. I really liked it and it was fun being with all my friends. We also had the Island Sports! It was really fun and it was really good because we were all working as a team.”

Emily

“The giant swing was a little bit scary and really fun.”

Georgia
On Wednesday 4th February the 2015, year 7 students and student leaders of Heathmont College headed off to Phillip Island Adventure Resort. After a quick stop at Koo-Wee-Rup for morning tea, we arrived at the resort.

We had a packed 3 days ahead of us full of enthusiasm, bonding and a range of activities which included the high ropes course, giant swing, flying fox, team rescue and a beach walk, although the main activity that was a highlight for all was surfing. We took a short walk down to Smith’s Beach, collected our wetsuits, had a quick lesson and then we were off. By the end of the session everyone had stood up on a surf board and there were smiles and excitement all round from the feeling of accomplishment.

On the first night was the official ‘2015 Heathmont College Island games!’ This was a fun filled, thrilling night where students were put to the test in their sporting abilities. Encouragement and enthusiasm filled the air as teams worked together trying cheerleading, beach volley ball and many other exciting games. A massive thank you to Mrs Birchall and student leaders for organising and running this night.

The next morning everyone was up bright and early for an exciting, packed day. At breakfast we were told there was going to be a surprise that day and we were overwhelmed with pleasure to discover it was a massive ‘slip and slide’ down the side of a hill! We had a blast.

On the second night we had a beach party! Dancing, singing, limbo and the Macarena were all involved and it was an awesome way to spend our last night on camp.

A special thank you to Mrs Holland who worked extremely hard to make sure the camp was fun and well organized for students, and a massive thank you to every teacher who attended, because camp would not have run as smoothly without you.

Overall the camp was a great success and was a brilliant start to the year!

Rosie Rattle
Year 12 Vice Captain
Middle School News

Our Middle School students have begun the year enthusiastically and seriously, arriving at class on time with their books and equipment, in correct uniform and ready to learn. The staff have commented on how willing the students are to answer questions and work to a high standard. Any students who are still sorting out folders, textbooks and computers can ask their Learning Group teacher if they need support.

Introducing the Middle School team for 2015:

- Head of Middle School: Alison Richards
- Year 7 Coordinator: Joanne Sayer
- Year 8 Coordinator: Adam Mack
- Year 9 Coordinator: Andrea Carydias
- Transition Coordinator and Student Leadership: Ellen Holland
- Student Well Being: Rita Chiodo

Term 1 includes a number of important events for Middle School students, so please check the Compass newsfeed regularly.

The Year 7 and Year 9 students attended a presentation by Metro Trains Public Safety on Thursday February 12 and were given valuable information about being safe, managing their Myki card and using the transport system responsibly and respectfully.

Other Term 1 events:
- Year 7 students; applying for leadership positions as Ambassadors and year level captains
- Year 7 Camp Celebration evening: 7pm Thursday February 26
- Sports events – swimming carnival, Athletics, year level sports days
- Year 8 excursion to the Shrine – Thursday March 26
- Year 9 City Experience excursions - Friday February 20, Thursday March 19

Please contact the relevant coordinators by email or phone if you have any concerns. Your child’s Learning Group teacher and subject teachers can be contacted via Compass or by phone.

We look forward to an enjoyable and successful year working together.

Alison Richards
Head of Middle School
Attention all budding singers!!

New to Heathmont College in 2015, vocalist and songwriter Bethany Stephen has been writing, recording, touring and performing extensively, both locally and internationally, with her group, The Little Stevies, for the past twelve years.

Having studied Voice at The Victorian College of the Arts (Jazz/Improvisation), recorded four original albums that have gained wide public exposure on Australian media outlets including Triple J, ABC, Triple R and commercial television, and having performed at various major music festivals and events throughout Australia and North America, you want to learn to sing from her.

Whether you want to make it as a professional singer, songwriter or entertainer, or just love to sing because it makes you feel good, be sure not to miss the opportunity to enrol in instrumental voice lessons for this year. Contact Miss Stephens on 98714888 or via Compass.

MUSIC

Dear Parents,

For a number of years, After School Maths Help has been run on a Monday afternoon from 3.15 – 4.15 in the Library. Building on the success of this, we will now have staff from other curriculum areas available to help students with their tasks.

The Maths Department has always kept a roll of attendees for this event. Now as we have moved across to Compass for attendance, events and most of the College communications, we will be inviting ALL students to attend the session and the event and the attendance will be marked on Compass. Students are encouraged to attend if they require specific help, general help or just a place to complete homework tasks. Parents can track their student’s attendance at this session through the attendance tab in the portal. If your student is attending, they will be marked ‘Present’. If student is not attending these extra help sessions, they will be marked as ‘Not Present’. Parents of students, who are not participating in these sessions, are advised to approve the absence when they visit the Parent Portal.

Please note: Non-attendance at these afterhours events will not alter the student’s overall school attendance. The roll provides the College with valuable Emergency Management data if an emergency arises.
As part of their study for “Introduction to Science” the year 7s have been seeing how much weight an empty coke can will support. With many text books, nervous anticipation and some trepidation these students have been astounded by the result.

As part of their study of “Introduction to Science” the year 7s have been experiencing some unexpected pressure. Using coloured water, candles and a little science glassware the students have created their own vacuum.

As part of their study of “Chemistry” the year 10s have been experiencing some explosive gas. Using a hydrogen filled balloon, a naked flame and keeping a safe distance the class has had a blast.
STUDENT ABSENCES

Parents are requested to ring the College absence line before 9:00am if their student is to be late, away due to illness or for any other reason. We encourage parents to use the College's Compass Parent Portal to register absences. Unfortunately late arrivals cannot be registered.

STUDENTS CROSSING DANDENONG CREEK

Students are reminded that the appropriate point to cross the creek is by using the bridge at the end of Waters Grove. Students should not cross Dandenong Creek by wading through the water or by using rocky outcrops as stepping stones. Melbourne Water has advised the College that the Dandenong Creek is often used for the letting of water and could suffer flash flooding. Students should use the bridge at all times to avoid this danger.

Farm School Program 2015:

The College has been offered the opportunity to participate in the Farm School Program based at Woori Yallock.
Focus: Personal Confidence and Team Building
Who: open to all year 8 students
When: 5 week program will run on a Monday for 5 weeks-all day 9 am -3pm
The first program will begin Feb 16.
Note there will be 6 programs offered throughout the year
What: Team building activities/studies in Sustainability/excursions/historical fieldtrip/bike ride
Cost: none to student
Transport: School Bus
Details: will be provided to students at an assembly and COMPASS feed to parents
Chaplain’s Spot Term 1 Week 3 2015

The Four Agreements

Don Miguel Ruiz, is a Mexican author. His teachings focus on Ancient Toltec teachings to achieve happiness. Ruiz is listed as one of The Watkins 100 Most Spiritually Influential Living People in 2014. His most famous book, The Four Agreements, was published in 1997 and has sold around 5.2 million copies in the U.S. and has been translated into 38 languages. The book advocates personal freedom from beliefs and agreements that we have made with ourselves and others that are creating limitation and unhappiness in our lives. It was featured on the Oprah television show. His son Don Jose Ruiz has subsequently released a sequel with his father, The Fifth Agreement, which adds a further agreement:

1] Be Impeccable With Your Word: Speak with integrity. Say only what you mean. Avoid using the word to speak against yourself or to gossip about others. Use the power of your word in the direction of truth and love.

2] Don’t Take Anything Personally: Nothing others do is because of you. What others say and do is a projection of their own reality, their own dream. When you are immune to the opinions and actions of others, you won’t be the victim of needless suffering.

3] Don’t Make Assumptions: Find the courage to ask questions and to express what you really want. Communicate with others as clearly as you can to avoid misunderstandings, sadness and drama. With just this one agreement, you can completely transform your life.

4] Always Do Your Best: Your best is going to change from moment to moment; it will be different when you are healthy as opposed to sick. Under any circumstance, simply do your best and you will avoid self-judgment, self-abuse and regret.

5] Be sceptical but learn to listen.

We all need words of encouragement and challenge from others. May these ‘agreements’ be helpful in your life.

Feel free to email me or contact me at school if you would like to talk with me, on family, individual or other issues.

Alan Silverwood – Chaplain [silverwood.alan.a@edumail.vic.gov.au] Pastoral care for our community, with issues of emotional, financial, spiritual, physical nature. [The Chaplaincy program is funded through the Federal Government & Community support. This is a voluntary program in our school community.]

Alan Silverwood - Chaplain
Grease the Musical is underway this week with auditions for main roles & ensembles. Rehearsals will start next week and we are so excited to be a part of bringing the musical back to Heathmont after a five year hiatus. The show will be held at the Knox Community Arts Centre on the 4th and 5th of September. While that seems a long way in the distance there is a lot of hard work, set building, costume making etc. to be done. We will soon be asking for help from any parents willing to be a part of the costume making team, so please watch this space!

Nicholas Barca and Jo Sayer
Directors
Grease The Musical
MATHS HELP

- The library after school on Mondays till 4:00pm
- G3 lunchtime Wed, Thurs and Fri.

Students of all year levels are welcome

Education Maintenance Allowance

Information about changes to Education Maintenance Allowance as a result of the School Reform Agreement made between the Victorian Government and Commonwealth Government.

What is EMA?
The Education Maintenance Allowance currently provides financial assistance to low-income families to help meet costs associated with the education of their children.

How it is paid?
Parents can currently elect to have their EMA paid in one of the following ways:
- paid by direct deposit (Electronic Funds Transfer) into the parent’s bank account; or
- paid directly to the school to be held as credit which the parent can use towards education expenses; or
- paid by cheque which will be posted to the school for collection.

In 2013 over 70 per cent of parents receiving the EMA chose to have their EMA paid directly to their school. Each school would then use the funds for a range of expenses for that child.

Who is eligible?
The EMA currently provides financial assistance to Victorian families on a low income to help with the cost of educational items such as textbooks, stationery, uniforms and excursions.

It is a means-tested payment - parents must hold a Centrelink or Veterans Affairs concession card to be eligible.

What is changing?
In the recent School Reform agreement signed with the Commonwealth, the Victorian Government has made changes to the way it helps low income families with education expenses.

From 2015, the government will distribute the funds previously used for the EMA directly to schools. DEECD will develop the arrangements to be used to distribute these funds to schools – consultation will occur with stakeholders about this.

Why?
Under the recent School Funding Reform an additional $12.2 billion will be allocated to Victorian schools.

Will my child be worse off?
No. Education funding for children will increase but will be delivered to your child in a new way through their school. The new agreement provides that schools with the most vulnerable students will receive the funding they need.

The students who will benefit the most from this funding agreement are those who are the most vulnerable.

Victoria AS A LEARNING COMMUNITY

Swinburne Start

What is Swinburne?
Swinburne is an international university offering cutting-edge degrees and research programs to meet the needs of young and working professionals. Swinburne offers over 200 undergraduate and postgraduate degrees, including industry-recognized qualifications.

Vocational and Pathway Education
Vocational Education and Training (VET) provides opportunities for people to gain qualifications through technical and industry-based training programs.

What is it for?
- To provide education and training for people who wish to gain vocational qualifications.
- To provide pathways to higher education.

For more information
Swinburne Start
T: 9919 9908
Linda Loney
T: 9919 9060
Swinburne University of Technology

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Applying for Medicine/ Dentistry/ Oral Health/ Optometry/ Physiotherapy?

If you are applying for any of these health science courses, you may need to sit the Undergraduate Medical Admissions Test (UMAT).

This is a three-part test that you sit in July and selected universities use your UMAT score as part of the selection process, in conjunction with your ATAR and in some cases an interview.

You will be tested on the following- logical reasoning and problem solving, understanding people and non-verbal reasoning.

You will only have one chance to sit the UMAT this year- the test will be held Wednesday 29 July. You must be in Year 12 and you must register online to sit the test by 5pm June.

Please go to [http://umat.acer.edu.au](http://umat.acer.edu.au) for more information about the UMAT and to see if you have to sit the test.

You can also join the ACER UMAT Facebook page to keep up to date with key information.

Law students at Victoria University now have access to a 10-week internship with the Legal Services Department and Prosecutions Division of Victoria Police. A small number of students will be selected each year to undertake placements in a variety of police specialist areas including:

- Melbourne Prosecutions Unit
- Research and Training Unit
- Civil Advocacy Unit
- Commissions and Inquiries Division, and
- Police Coronial Support Unit

High achieving Year 12 students who receive a place to study at the University, are eligible for the Chancellor’s Scholarship which is $20 000 over four years.

For more information on the Law program at VU, go to [http://www.vu.edu.au/about-](http://www.vu.edu.au/about-)

Do you want to travel the world as a fashion buyer, create exciting merchandise displays, develop a fashion website or market a fashion brand using social media? Are you creative, enjoy using social media and technology and are business minded?

Box Hill Institute and RMIT offer courses that suit students who are seeking a career in the world of fashion merchandising, retailing, or marketing. Please explore the following links for more information.

- Box Hill Institute: Bachelor of Fashion Merchandising: [http://www.bhtafe.edu.au/courses/study-areas/Pages/fashion.aspx](http://www.bhtafe.edu.au/courses/study-areas/Pages/fashion.aspx)
Career News No1; 12.02.15

Career decisions are some of the most important ones of your life, so getting help in making those decisions is vital. Career News is one source of information available to you. Career News will be published fortnightly throughout the year, providing information about how to choose a career, about information sessions being held on various courses and careers, Open Days at institutions where you might want to study, career expos, insights into a number of careers, and where you can get help. Students who do their research during Year 10-12 usually find it easier to make some career decisions at the end of Year 12.

1. HOW CAN I CHOOSE A CAREER?

   Many people say that basically they would like a career they enjoy, with the possibility of earning a reasonable income. So how do you choose that career? Firstly, keep in mind that there isn’t just one perfect job for you. There are several jobs that would suit you well, so you need to explore the possibilities.

   First, think about what you enjoy doing. For example, is it sport-related, scientific, reading/writing-related, helping people, information technology-related?

   What do you enjoy doing in your spare time?

   What subjects do you excel in at school?

   How important is income?

   Answering questions such as these will set you on a path to making some decisions. If you like science, what type of science do you prefer—physics, chemistry, biology? If you are creative, what is your specialty—music, drama, art, design? If it is geography, perhaps you could be interested in urban planning, mapping or surveying. If it is health, perhaps you are nursing, nutrition or public health. If it is physics and maths, perhaps engineering?

   Don’t look too far ahead—you are not deciding on a life-time career. You are likely to have several careers.

2. WHERE CAN I STUDY IN VICTORIA?

   After completing Year 12, there are many options. If you are considering university, hoping to get a degree, these are the universities available in Victoria:

   - Australian Catholic University (ACU) with campuses in Melbourne (Fitzroy) and Ballarat
   - Deakin University with campuses in Burwood, Geelong and Warrnambool
   - Federation University with campuses in Ballarat and Gippsland
   - La Trobe University with campuses in Melbourne (Bundoora), Bendigo, Albury-Wodonga, Mildura and Shepparton
   - Monash University with campuses in Melbourne (Clayton, Caulfield, Berwick, Parkville)
   - RMIT University with campuses in Melbourne (City, Brunswick, Bundoora)
   - Swinburne University has a campus in Melbourne (Hawthorn)
   - University of Melbourne in Melbourne (Parkville, Burnley, Southbank, Werribee), Creswick, Dookie and Shepparton
   - Victoria University is in Melbourne (City, Footscray, St Albans, Melton, Sunshine)

   You can check out their facilities and courses by attending their Open Days, usually held on Sundays in August.

   If you plan a VET course (pre-apprenticeship, apprenticeship, certificate, diploma and a limited number of degrees), institutes offering courses in the Melbourne area are:

   - Box Hill Institute
   - Chisholm (Dandenong, Frankston, etc)
   - Holmesglen (Moorabbin, Chadstone)
   - Kangar (Broadmeadows, Richmond, etc)
   - Melbourne Polytechnic (formerly NMIT) (Collingwood, Epping, Preston, Prahran, etc)
   - RMIT (City, Brunswick)
   - Swinburne (Hawthorn, Croydon, Wantirna)
   - Victoria (Footscray, City)
   - William Angliss (City) and several others.

   There are also independent institutions offering degrees, diplomas and certificates. Examples are:

   - Academy of Design (Port Melbourne)
   - Australian Institute of Fitness (Bendigo, City, etc)
   - Footscray City Films
   - JMC (South Melbourne)

   Independent colleges are full-fee paying institutions, whereas the government generally offers financial assistance to study at universities and VET providers like Box Hill Institute.

   NOTE: The government will only fund courses of study that are at a higher level than what they have funded already. For example, if you have a bachelor’s degree, the government will not fund you to complete a VET diploma as it is at a lower level than the degree.
3. WHAT IS THE UNDERGRADUATE MEDICINE AND HEALTH SCIENCES ADMISSION TEST (UMAT)? Results from this test are used as part of the selection process for some Australian and New Zealand university degrees. In Victoria the only university degree now requiring this test for Year 12 selection is Medicine at Monash (Clayton). However, some interstate and NZ universities also use it. Registrations for UMAT2015 are now open, and close at 5pm (AEST) on Friday 5 June. The test will take place on Wednesday 29 July 2015. The UMAT Information Booklet is available from the UMAT website: www.umat.acer.edu.au.

NOTES:
- Practice materials are available through the UMAT website and can only be completed online. There are currently four practice tests available: UMAT Practice Test 1, UMAT Practice Test 2, UMAT Practice Test 3 and Additional Practice Questions. UMAT Practice Test 1 will be included with the UMAT2015 registration. In addition, candidates will have access to some free preparation videos once registration to sit UMAT2015 is completed.
- Candidates with a disability or other health-related needs and who wish to apply for special testing conditions must do so by Friday 19 June. This includes candidates who have diabetes and require food during the test.
- Some tutorials and a quiz are now available on the UMAT website. Candidates should watch these tutorials and complete the quiz questions before registering for the test.

4. WHAT IS THE INTERNATIONAL STUDENT ADMISSIONS TEST (ISAT)?

This is a test used by Australian universities to assist their selection of international students for certain undergraduate and postgraduate courses. Courses include Monash University Medicine. It is delivered by Prometric; there are over 5000 Authorised Testing Centres around the world. You may select a test date and location convenient to you. Register at http://isat.acer.edu.au.

5. WHAT KIND OF ENGINEER ARE YOU?

Are you interested in engineering but not sure which type is the best fit for you? You can find out with the new RMIT online quiz at http://trueengineer.com.au/.


7. AVALON AIRSHOW – Students interested in a career in the aviation industry might wish to attend the Avalon Airshow. Among other things, you will be able to find out about RMIT’s flight training program, aerospace and mechanical engineering programs. When: 24 Feb – 1 Mar, 2015; Where: Avalon Airport; Info: www.airshow.com.au/airshow2015/.

8. VETERINARY NURSING ASSOCIATE DEGREE – Melbourne Polytechnic (formerly NMIT) (Epping) is offering a 2-year associate degree, the first para-professional veterinary nursing qualification in Australia. It is designed to produce highly skilled clinicians with exceptional levels of practical skill, knowledge and in depth understanding gained through an exploration of the academic underpinnings of the field. Graduate employment will include veterinary practices as veterinary nurses and practice managers and large organisations (veterinary pharmaceutical, veterinary nutrition companies and research facilities). Prerequisites: Successful completion of VCE or recognised equivalent with a study score of at least 20 in any English and a study score of at least 20 in one of any Mathematics, Chemistry or Biology; OR successful completion of a Diploma course in Veterinary Nursing or a related area; OR at least two years of related industry experience.

9. ANU TUCKWELL SCHOLARSHIPS – The vision behind these Australian National University Scholarship is to help you make an impact on your community and the world by offering unique educational opportunities and personal experiences. The Scholarship allows you to study any discipline offered at ANU for up to five years. Information night: When: 6-7.30pm, Wed 18 Feb; Where: ANU House, 52 Collins St, Melbourne; Enquiries: student.recruitment@anu.edu.au. Register to attend: http://www.anu.edu.au/study/events/anu-tuckwell-scholarship-roadshow-melbourne

Compiled by: M. Weiker
Training for Parents of Teenagers (TPOT) Research Study

FREE training for parents to help the mental and physical health of teenagers

VOLUNTEERS NEEDED!

Who is running the project?
The Centre for Mental Health at The University of Melbourne.

Who can take part?
Parents with teenagers aged between 12-15 years within Australia (one parent and one teenager per family). This includes Teachers or Staff who are parents.

What are the aims?
The project aims to teach parents the skills to assist a teenager, in the event that they develop a mental health problem or a physical injury and to evaluate the training offered.
We are interested to see if the skills taught to parents are used on adolescents and whether this has a long-term health benefit for adolescents.

What's in it for me?
A $50 Coles/Myer voucher after course attendance! This is to acknowledge parents’ time commitment (2 days) and travel expenses.

Parents receive the training course, materials and Certificate of completion for FREE.

Note: To be eligible, you must not have undertaken training in the previous three years in Mental Health First Aid (MHFA), Youth MHFA or physical first aid.

Questions?
Please contact Julie Fischer, TPOT Trial Manager, Centre for Mental Health, The University of Melbourne, email: jfischer@unimelb.edu.au, tel: 9035 6770 or mobile: 0401 772 648.

Courses offered:

- 14-hour Youth Mental Health First Aid which teaches adults the skills to recognise the early signs of mental illness, identify potential mental health-related crises, and assist teenagers to get professional help.

- 15-hour (HLTAID003) Australian Red Cross Provide First Aid which teaches the skills to sustain life, reduce pain and minimise the consequences of injury and illness until professional help arrives.

<table>
<thead>
<tr>
<th>WHEN?</th>
<th>WHERE?</th>
</tr>
</thead>
<tbody>
<tr>
<td>21 &amp; 28 Feb 2015 9.00am – 4.30pm (over 2 Saturdays)</td>
<td>Central Ringwood Community Centre Bedford Road RINGWOOD</td>
</tr>
<tr>
<td>24 – 25 Feb 2015 9.00am – 5.00pm (Tues &amp; Wed)</td>
<td>Montrose Town Centre 935 Mt. Dandenong Tourist Road MONTROSE</td>
</tr>
<tr>
<td>17-18 March 2015 9.00am – 5.00pm (Tues &amp; Wed)</td>
<td>397 Whitehorse Road (behind Library) NUNAWADING</td>
</tr>
</tbody>
</table>

Register at: [www.tpot.net.au](http://www.tpot.net.au)

During online registration, parents will need to select both courses but a computer will randomly place them into one course or the other.

Other dates and locations available!

Telephone interview prior to training

Before parents can attend their allocated training course, they and their teenager will be required to undertake an individual 20 to 30 minute telephone survey, which will ask about knowledge and attitudes about health problems.

This study has received ethics approval from The University of Melbourne's Behavioural and Social Sciences Human Ethics Sub-Committee ID: 1135679, The Department of Education and Early Childhood Development (DEECD) ID: 2012_001480 and the Catholic Education Office of Melbourne (CEOM) ID: 1877.

For more information and to register: [www.tpot.net.au](http://www.tpot.net.au)
Mullum Primary School Oval
Open to the public
Please invite extended family and friends to join us
BYO rugs and dinner
*Popcorn, choc tops, coffee available*
Call 9870 2120 to purchase tickets or book online
www.trybooking.com/121175
Tickets also available on the night
$25 per family or $10 adult / $5 child

Saturday 28th February 7:00pm onwards -
Movie screens at sunset

Maroondah FReeZA Program 2015
Maroondah City Council’s Youth Services
Team are currently recruiting a new FReeZA Group for 2015

Are you interested in becoming a part of Maroondah FReeZA Group History?
Would you like to be involved in organizing heaps of overemusic gigs?
Do you want to work in a team environment and learn skills in the music industry?
Are you dedicated, enthusiastic and methodical?
Are you time efficient and reliable?
Do you live, work or study in Maroondah?

Program Information Sheet
What is the Maroondah FReeZA program?
The Maroondah FReeZA program is a personal development program for local young people aged 15-21. The program is part of the State Government’s FReeZA program and focuses on developing young people’s personal skills, team work skills, and individual confidence through empowering participants to achieve their goals by organizing live music events.

Applications close 22 February 2015
FReeZA Information Night - 17 February 6-7pm at EV’s Youth Centre (2121 M Donning Road, Cranston)
To apply for FReeZA call Maroondah Youth Services 9294 5703
www.maroondahyouthservices.com

See Ms Chiodo
Cool Head

ANGER MANAGEMENT GROUPS FOR GUYS

Do you need practical suggestions on how to manage your anger?
Would you like to learn about ways to solve problems in a positive way?
Are you over 16 years old?
Then this group can help.

Breaking the Cycle

Are you parenting or caring for an adolescent who is abusive or violent in the home?

- Feeling threatened, frightened of or controlled by this young person?
- Are siblings, family members or pets feeling scared?
- Do you feel anxious, isolated, ashamed and resentful?
- Would you like to find ways to help your young person become responsible and respectful?

The Breaking the Cycle program is supportive and informative. It offers practical ideas to manage and change your situation.

GROUP PROGRAM FOR TERM 1 & 2, 2015
8 sessions on Thursdays 10am to 12:30pm
March 5 - 26 and April 16 - May 17 (No group sessions during school holidays)
Anglicare Victoria
47 - 51 Castella Street, Lilydale

FREE PROGRAM
Feedback from participants?
* "I feel good that I'm not the only one"
* "It gave me understanding that applied to real life"
* "Support of the group was helpful"

BOOKINGS ARE ESSENTIAL
Julia 9735 6190
or 0400 866 495
anglicarevic.org.au

What? Me Worry?!?

Do you need practical suggestions on how to manage your anxiety?
Would you like to reduce the amount of time you spend worrying?
Are you aged 12-16?

This group runs for 11 weeks during the school term. Each session will run for 1½ hours.

DATE: 17 and 24 March 2015
Venue: headspace Knox, 12 Capital City Blvd, Wantirna South
Time: 6:30pm - 8pm

For more information, or to register your interest in taking part in the Seasons for Growth® Parent Program, please contact Rita Nabadi on 9801 8088 or by email rita.nabadi@headspaceknox.com.au or anglicarevic@medicare.com.au

See Ms Chiodo

growing through knowledge
GREENFOOTFLICKS
YOUTH FILM FESTIVAL

FILM MAKERS WANTED
SUBMIT YOUR FILM TO KNOX YOUTH FILM FESTIVAL

Are you 10-25 years-old and live, work, study or recreate in City of Knox?

Films need to be no longer than 10 minutes (including credits) and be rated G or PG

Entries close Monday 23 February 2015
Finalist will be screened at Village Cinema Knox O-Zone, as part of National Youth Week Friday 10 to Sunday 19 April 2015

For more information and an application form visit www.knox.vic.gov.au/greenfoot
facebook.com/knoxyouthservices or contact Kate Clark on 9298 8550
or kate.clark@knox.vic.gov.au

See Ms Chiodo for details
BOOK ON-LINE NOW

- RIDES & MEAL DEALS WRISTBANDS
  http://www.trybooking.com/108954

- $20 YVB Mini Facials (Limited places)
  http://www.trybooking.com/118092

- $10 Seated Massages (Limited places)
  http://www.trybooking.com/118093

- $5 Half hour bootcamp (Limited places)
  http://www.trybooking.com/118080

You can also find the above links at Marlborough Primary School Community Fair Facebook Page
https://www.facebook.com/pages/Marlborough-Primary-School-Community-Fair/704558646317815
Win a $50 account.
All you have to do is enter our colouring competition for a chance to win.

Simply drop your completed colouring competition into the Heathcote Community Bank® Branch and you could win a Bendigo Bank $50 savings account.
Entries close Saturday 7 March 2003.
Sections: Pre-school - Grade 6.
Competition winner will be announced at 12 noon on Sunday 22 March 2003 at Harborough Primary School Fair.

Submit a completed entry form and return both to the Heathcote Community Bank® Branch and you could win a Bendigo Bank $50 savings account. Entries close Saturday 7 March 2003. Sections: Preschool - Grade 6. Competition winner will be announced at 12 noon on Sunday 22 March 2003 at Harborough Primary School Fair.
How can I get involved?

Mentoring:
Are you over 21 years of age, can make a commitment of at least one hour a week over a 12 month period, hold a full drivers licence and want to help young learners?

Learner Driver:
Are you a young person who is unable to get the 120 hours driving experience required to apply for your probationary licence?

L2P LEARNER DRIVER MENTOR PROGRAM

Contact Us
UnitingCare Harrison
PO Box 4503 Knox City 3152
(03) 9871 8700
enquiries@harrison.org.au
www.unitingcareharrison.org.au

What is the L2P Program?

L2P is a community based volunteer program designed to provide driving practice for young learner drivers who face significant barriers in gaining their 120 hours of driving practice required to obtain a probationary licence.

How L2P Works

Volunteer Mentors are required to register their interest in the program, attend an interview, and complete the mandatory checks and VicRoads training. Young learners are also required to apply and attend an interview before being accepted into the program. Learner drivers are matched with licensed volunteers, and use a fully maintained and serviced vehicle, with a minimum five star ANCAP safety rating, to gain their 120 hours driving experience. Eligible learner drivers will receive up to seven professional lessons throughout the program, to evaluate their progress at the different stages of learning to drive.

Volunteer Mentors

Mentors are volunteers from the community who undertake a selection and training process to fulfill the role of supervising driver. Mentors develop a trusting and supportive relationship with the young person by providing them with the tools they need to be safe and confident drivers. Mentoring provides volunteers with the opportunity to meet new people, develop new skills and have a positive impact on the lives of young learner drivers.

Learner Drivers

L2P is for young learners 16 – 20 years of age, with a current Learner’s permit who live in the Cities of Knox or Maroondah. The L2P program helps young people who have significant barriers to learning to drive, and who do not have access to a vehicle or supervising driver to gain their 120 hours driving experience. There is no charge to participate in the program.

“We assist people to take charge of their own lives”
School Council Elections 2015

Have you considered nominating for school council this year?
Nominations are now open to all parents for Heathmont College Council and close on Monday 23 February 2015.

What is a school council and what does it do?
All government schools in Victoria have a school council. They are legally constituted bodies that are given powers to set the key directions of a school within state wide guidelines. In doing this, a school council is able to directly influence the quality of education that the school provides for its students.

Who is on the school council?
For most school councils, there are three possible categories of membership:

- A mandated elected Parent category – more than one third of the total members must be from this category. Department of Education and Training (DET) employees can be Parent members at their child's school as long as they are not employed at the school.
- A mandated elected DET employee category – members of this category may make up no more than one third of the total membership of school council. The principal of the school is automatically one of these members.
- An optional Community member category – members are coopted by a decision of the council because of their special skills, interests or experiences. DET employees are not eligible to be Community members.

Generally, the term of office for all members is two years. The term of office of half the members expires each year, creating vacancies for the annual school council elections.

Why is Parent membership so important?
Parents on school councils provide important viewpoints and have valuable skills that can help shape the direction of the school.
Those parents who become active on a school council find their involvement satisfying in itself and may also find that their children feel a greater sense of belonging.

How can you become involved?
The most obvious way is to vote in the elections, which are held in Term 1 each year. However, ballots are only held if more people nominate as candidates than there are positions vacant.
In view of this, you might seriously consider:
- standing for election as a member of the school council
- encouraging another person to stand for election.

Do I need special experience to be on school council?
No. What you do need is an interest in your child’s school and the desire to work in partnership with others to help shape the school’s future. The emphasis on council work is through its subcommittees and every member must be a participant in at least one group. These are: Finance, Education, and Facilities.

What do you need to do to stand for election?
The principal will issue a Notice of Election and Call for Nominations following the commencement of Term 1 each year. All school council elections must be completed by the end of March. If you decide to stand for election, you can arrange for someone to nominate you as a candidate or you can nominate yourself in the Parent category.

DET employees whose child is enrolled in a school in which they are not employed are eligible to nominate as parents for the school council at that school. Once the nomination form is completed, return it to the principal within the time stated on the Notice of Election. You will receive a Nomination Form Receipt in the mail following the receipt of your completed nomination. Generally, if there are more nominations received than there are vacancies on council, a ballot will be conducted during the two weeks after the call for nominations has closed.
School Council Elections 2015

Nominations are now open and close on Monday 23 February 2015 at 4:00pm

We thank our outgoing parent representatives who have completed a 2 year term – Tim Neve and Shantell Taylor.

We thank our outgoing community co-opted members who have completed a 2 year term – Amanda Rienitz and Beau Dreux.

We also thank our outgoing DET representative who has completed a 2 year term – Michael Meadows.

As a result the council declares the following vacancies:

- 2 parent vacancies for 2014/2015 (2 year term)
- 1 DET vacancies for 2014/2015 (2 year term)

Nomination forms are included in this document or can be requested from the general office.

Election Process and Timeline

a) Notice of election and call for nominations  
   Thursday 12 February 2015

b) Closing date for nominations – 4pm close  
   Monday 23 February 2015

c) Date by which the list of candidates and nominators will be displayed  
   Wednesday 25 February 2015

d) Date by which ballot papers will be prepared and distributed  
   Monday 2 March 2015

e) Close of ballot – 4 pm close  
   Tuesday 10 March 2015

f) Vote count  
   Wednesday 11 March 2015

g) Declaration of ballot  
   Thursday 12 March 2015

h) First council meeting to co-opt Community members (the principal will preside)  
   Tuesday 24 March 2015

i) Second council meeting to elect office bearers (the principal will preside)  
   Tuesday 24 March 2015
School Council Elections 2015

There are two separate electorates within the electorate of the college i.e. parents nominate and vote for parent members, DET members nominate and vote for DET members. DET employees can stand as parent members of the school their child attends.

Should an election be required (if nominations outnumber vacancies) a ballot will be organised and papers will be distributed.

The new council takes effect immediately the poll is declared and therefore comes into effect from Thursday 12 March 2015 and the first meeting will take place on Tuesday 24 March 2015.

Parent electorate of the school
The parent electorate of the school includes each parent (except the principal) of a student of the school, other those who are DET employees engaged in work at, and for, the school. A parent of a student of the school who is a DET employee but does not work at and for the school, is included in the parent electorate. Parent includes a guardian or person who is liable to maintain or has the actual custody of a student of the school.

If a DET employee is elected to the parent category where their child is enrolled but where they do not work, they are counted in the DET employee quorum requirements. Parent members must comprise more than one-third of the council’s total membership.

The Notice of Election and Call for Nominations and ballot papers must be posted or delivered to each parent.

DET electorate of the school
The DET employee electorate of the school includes the principal of the school and DET employees engaged in work at, and for, the school. The principal of a school is, and can only be, a DET employee member of the school council of his or her school. The principal means the person who is in charge of the school. DET employee means a person employed for eight hours or more per week in either an ongoing capacity or a fixed term of at least 90 days:

(i) By the DET under the Public Administration Act 2004 (Victorian Public Servants employed by DET);

(ii) By the school council of a government school (for example, maintenance or grounds person, casual relief teacher, cleaner);

(iii) Under Part 2.4 of the Education and Training Reform Act 2006 (members of the teaching service including education support officers), or

(iv) Under more than one of the paragraphs (i) to (iii) above.

If you require further information please do not hesitate to contact Johanna Walker – Principal at the college.
School Council Elections 2015

Schedule 4: Notice of Election and Call for Nominations

An election is to be conducted for members of the School Council of Heathmont College.

Nomination forms may be obtained from the school and must be lodged by 4.00 pm on Monday 23 February 2015.

The ballot (if required) will close at 4.00 pm on Tuesday 10 March 2015.

Following the closing of nominations a list of the nominations received will be posted at the school. The terms of office, membership categories and number of positions in each membership category open for election are as follows:

<table>
<thead>
<tr>
<th>MEMBERSHIP CATEGORY</th>
<th>TERM OF OFFICE</th>
<th>NUMBER OF POSITIONS</th>
</tr>
</thead>
<tbody>
<tr>
<td>Parent member</td>
<td>From the day after the date of the declaration of the poll in 2015 to and inclusive of the date of the declaration of the poll in 2017.</td>
<td>2</td>
</tr>
<tr>
<td>DET employee member</td>
<td>From the day after the date of the declaration of the poll in 2015 to and inclusive of the date of the declaration of the poll in 2017.</td>
<td>1</td>
</tr>
</tbody>
</table>

If the number of nominations is less than the number of vacancies, a notice to that effect and calling for further nominations will be posted in a prominent position at the school.

Johanna Walker
College Principal
School Council Elections 2015

Schedule 5A: Self-nomination Form for Parent Member Category

I wish to declare my candidacy for an elected position as a parent/guardian representative on the Heathmont College school council.

Name: ..........................................................................................................................

Residential address: ......................................................................................................

Home telephone: ............................................... Business telephone: ................................

Email: ............................................................................................................................

I am the parent/guardian of ............................................................., who is/are currently enrolled at this school.

I am an employee of the Department of Education and Early Childhood Development: Yes / No (please circle)

I am prepared to serve as a Parent member of the above-named school council. I hereby declare that I am not an undischarged bankrupt and that I am not currently serving a sentence for an indictable offence.

Signature of Candidate .................................................................................................. Date ....../....../.......

You will be notified when your nomination has been received.

Personal information provided in this form is collected as part of the school council election nomination process. The information may be used to determine your eligibility as a candidate. Your personal information may be disclosed as a result of inspection prior to the commencement of voting or at any time up to one year from the declaration of the poll.

Your name will be included in a list of school council candidates and nominators (where applicable) posted in a prominent position at the school and for candidates, on a ballot paper (where applicable).

You can access your personal information by contacting the principal on 9871 4888.

You may choose not to give some or all of the information requested; however, your nomination may not be accepted. If you have any queries about the school council nomination process, please contact the principal.
School Council Elections 2015

Schedule 5B: Nomination Form for Parent Member Category

I wish to nominate: ............................................................... for an elected position as a parent/guardian representative on the Heathmont College school council.

Name: ..................................................................................

Residential address: ................................................................

Home telephone: .............................................................. Business telephone: ..............................................................

Email: ..................................................................................

I am the parent/guardian of .................................................., who is/are currently enrolled at this school.

The person I have nominated is the parent/guardian of .............................................................., who is/are currently enrolled at this school.

The person I have nominated is an employee of the Department of Education and Early Childhood Development. Yes / No (please circle)

Signature of Nominator....................................................... Date ......./......./......

CANDIDATE TO COMPLETE:

I accept the nomination and I am prepared to serve as a Parent member of the above-named school council. I hereby declare that I am not an undischarged bankrupt and that I am not currently serving a sentence for an indictable offence.

Signature of Candidate ..................................................... Date ......./......./......

You will be notified when your nomination has been received.

Personal information provided in this form is collected as part of the school council election nomination process. The information may be used to determine the eligibility of a candidate and nominator. Your personal information may be disclosed as a result of inspection prior to the commencement of voting or at any time up to one year from the declaration of the poll. Your name will be included in a list of school council candidates and nominators posted in a prominent position at the school and for candidates, on a ballot paper (where applicable).

You can access your personal information by contacting the principal on 9871 4888.

You may choose not to give some or all of the information requested; however, your nomination may not be accepted. If you have any queries about the school council nomination process, please contact the principal.
School Council Elections 2015

Schedule 5C: Self-nomination Form for DET Employee Member Category

I wish to declare my candidacy for an elected position as a DET employee representative on the Heathmont College school council.

Name: ........................................................................................................

Residential address: ...................................................................................

Home telephone: ......................................................... Business telephone: ................................

Email: ........................................................................................................

I am an employee of the Department of Education and Early Childhood Development  Yes / No
(please circle)

I am prepared to serve as a DET employee member of the above-named school council. I hereby declare that I am not an undischarged bankrupt and that I am not currently serving a sentence for an indictable offence.

Signature of Candidate ................................................................. Date .........../........./ ...........

You will be notified when your nomination has been received.

Personal information provided in this form is collected as part of the school council election nomination process. The information may be used to determine your eligibility as a candidate. Your personal information may be disclosed as a result of inspection prior to the commencement of voting or at any time up to one year from the declaration of the poll. Your name will be included in a list of school council candidates and nominators (where applicable) posted in a prominent position at the school and for candidates, on a ballot paper (where applicable).

You can access your personal information by contacting the principal on 9871 4888.

You may choose not to give some or all of the information requested; however, your nomination may not be accepted. If you have any queries about the school council nomination process, please contact the principal.
Schedule 5D: Nomination Form for DET Employee Member Category

I wish to nominate: ................................................................. for an elected position as a DET employee representative on the Heathmont College school council.

Name: ................................................................................

Residential address: ........................................................................................................

Home telephone: ............................................................... Business telephone: ............................................................... Email: .................................................................

I am an employee of the Department of Education and Early Childhood Development ................................................................................................. (Yes / No) (please circle)

The person I have nominated is an employee of the Department of Education and Early Childhood Development: ................................................................................................. (Yes / No) (please circle)

Signature of Nominator ........................................................................................................ Date ........................................ / ........ / .........

CANDIDATE TO COMPLETE:

I accept the nomination and I am prepared to serve as a DET employee member of the above-named school council. I hereby declare that I am not an undischarged bankrupt and that I am not currently serving a sentence for an indictable offence.

Signature of Candidate ........................................................................................................ Date ........................................ / ........ / .........

You will be notified when your nomination has been received.

Personal information provided in this form is collected as part of the school council election nomination process. The information may be used to determine the eligibility of a candidate and nominator. Your personal information may be disclosed as a result of inspection prior to the commencement of voting or at any time up to one year from the declaration of the poll. Your name will be included in a list of school council candidates and nominators posted in a prominent position at the school and for candidates, on a ballot paper (where applicable).

You can access your personal information by contacting the principal on 9871 4888.

You may choose not to give some or all of the information requested; however, your nomination may not be accepted. If you have any queries about the school council nomination process, please contact the principal.