



Dear Heathmont College Community and Families,

As with any new program, we are constantly working to become the best Sports Academy option for not only our Heathmont College students but also our community. In our efforts to become the best, we are continually looking at better methods to help our student athletes on their sporting journey.

We have implemented a few changes to the Sports Academy starting in 2024. We as an academy have been able to look at the efficiency of our program with the changes made in 2023, and we are satisfied with the growth thus far.

Our goal is to be as streamlined and fluid as we possibly can as an academy. Our purpose is to give athletes and families the best opportunity to experience growth through sport development and uphold our values of the student-athlete pathway.

In 2023 our training schedule changed to offer 2 sessions per day to selected year level groups which helps to reinforce growth and development within each group.

The 2024 schedule has been slightly altered to reflect the adjustments of our junior student athletes into high school. Our research has found that our younger student athletes require more adjustment time when entering high school.

Therefore, we have changed our junior schedule to help with the load management of high school and the commitment needed for participation in our Sports Academy program. The 2024 schedule will now provide 2 technical training sessions and 1 strength and conditioning session.

The 2024 training program time schedule:

- Monday – 7:30am to 9:00am (seniors) / 3:15pm to 4:30pm (juniors)
- Tuesday – 7:30am to 9:00am (inters) / 3:15pm to 4:30pm (juniors)
- Wednesday – 7:30am to 9:00am (seniors) / 3:15pm to 4:30pm (inters)
- Thursday – 7:30am to 9:00am (inters) / **3:15pm to 4:30pm (Individuals)**
- Friday – 7:30am to 9:00am (seniors)

NOTE: Thursday afternoon sessions are for those students who want individualized sessions. These sessions will be on a first come, first served basis and those students must sign up for these sessions. All individuals will consist of a small group session, primarily 6 athletes or less.

In 2024 we have also introduced our “Term Taster” program for those student athletes and families that would like to try the Sports Academy for a term to see if it’s the right fit for them. The “Term Taster” is a great way to get athletes involved in their chosen sport while receiving the benefits of having professional coaches help in their development.

To find out more about our “Term Taster” program, please contact Brian Vaughns (Sports Academy Director) or Sandra Nebl (Accounts Receivable) in the main office.





FEES:

The current fee structure for the Sports Academy is **\$2,000.00 per athlete**. The cost will include the following:

- Training Services
- Sports Academy Uniform
- Mentoring
- Awards Banquet

A "Term Taster" fee is \$500 for the said term. Athletes will not receive a uniform if they are participating in the "term Taster" program.

The "Term Taster" program, is only available once per athlete.

Please contact Sandra Nebl if you require assistance with payment plan options Sandra.nebl@education.vic.gov.au or phone 9874-6381.

CAMP:

(The cost of a camp is not included in the Academy Fees: please see above)

If a camp is run for Sports Academy athletes, this will be an opt-in event for students & families to take part in.

UNIFORMS:

Our uniform process will remain the same. We will order uniform sizes for the student-athletes in December. Successful Sports Academy applicants will be notified on when to come in for a uniform fitting. Many students will grow, and many have grown which might require a bigger size for 2024.

As a part of their base pack, Sports Academy students receive:

- 1 x T-Shirt
- 1 x Shorts
- 1 x Track Pants
- 1 x Hoodie

Any student-athlete or families wanting extra uniform pieces are responsible for the cost and will need to complete an 'Additional Uniform Order form'.





COMMUNICATION:

In 2024 the Sports Academy will send out a schedule to families and students two weeks prior for any events related to the Sports Academy. Athletes and family members will be kept up to date on changes, events, competitions, and excursions in a timely manner. It is imperative that we communicate with families on a regular basis and provide feedback on their child or children that are in the Sports Academy.

This communication/feedback will involve the progress of the student-athlete including classroom behaviors, attendance, commitment, mentoring and adjustments.

It is incumbent upon the athletes/parents to communicate with the coaches and the Sports Academy Director (*contact information to be provided*) if they are unable to attend Sports Academy on selected training days.

ACCOUNTABILITY:

We do understand that it is a big step for students to try and juggle the requirements of the Sports Academy in addition to school. It is one that requires full commitment on behalf of the students and the families involved.

ABSENCE PROCEDURES:

If a student is absent from the Sports Academy, the student or parents are to inform the Sports Academy Director via email at brian.vaughns@education.vic.gov.au or send a text to 0418134217 to inform of their absence.

If a student misses a session, they are to communicate with their coaches or Sports Academy Director to find out what information they may have missed during the session.

If you have any questions about the Heathmont College Sports Academy, please do not hesitate to contact Brian Vaughns, Sports Academy Director on 0418134217 or email brian.vaughns@education.vic.gov.au

Brian Vaughns
Sports Academy Director

